

CONTACT INFORMATION

Name Sophie Parry-Williams
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SUMMARY

I have over 20 years' experience working with young people with emotional and behavioral difficulties and their families.

I am a Family Therapist currently working as a Primary Mental Health Worker in Kensington and Chelsea Tier 3 CAMHS. Following my first degree in Psycho-Social Studies, I worked for several years as a Nursing Assistant in an Adolescent Psychiatric Unit and developed a keen interest in working with young people and their families. Following a year travelling, I trained as a Social Worker, concentrating on adolescent mental health. I had two periods of working in the Youth Offending Service – another client group that I am particularly interested in. I have also worked as the Senior Social Worker in another adolescent service. I currently work in Kensington and Chelsea Adolescent Mental Health Service. My job includes family therapy, individual therapy with adolescents, parent counselling, Cognitive Behavioural Therapy and facilitating parenting groups.

EMPLOYMENT HISTORY

Private Practice (Sept 2014 - to date)
Parkside Clinic (June 2009 - to date)
Family Resource Project (Tier 2 CAMHS) (June 2005 - to date)
Brookside Adolescent Unit (Dec 2003 - June 2005)
Islington Youth Offending Team (Sep 2000 - Dec 2003)
Simmons House Adolescent Unit (Sept 1993 - Aug 1998)

EDUCATION and PROFESSIONAL QUALIFICATIONS

University of Reading - Postgraduate Diploma in Evidence Based Treatment for Children and Young People (CBT pathway)
Institute of Family Therapy – MSc in Systemic Psychotherapy
Birkbeck College – MA in Social Work – Merit
University of East London – BA (Hons) in Psycho-Social Studies 2:1

PROFESSIONAL MEMBERSHIPS

UKCP Registered

INTERESTS

Art and gender politics